



## Blue Wave Summer Camp!!

**When:** August 6<sup>th</sup> – 8<sup>th</sup>, 2010

**Where:** Tunbridge Fairgrounds  
Tunbridge, Vermont

**Black Belt Testing!**  
**Awesome Seminars!**  
**Team Challenges!**  
**Camp T-Shirt!**  
**Two Indoor Arenas!**



Dear Instructors, Black Belts and Students,  
It's time to plan for another exciting Blue Wave Summer Camp!  
The General Schedule:

### Friday August 6<sup>th</sup>

3:30pm-6:00pm Check in and Camp Site Setup  
6:30pm-9:30pm Black Belt Testing

### Saturday August 7<sup>th</sup>

7:00am-4:00pm Taekwondo Seminars and Activities  
5:00pm-7:30pm Dinner time followed by Ice Cream Social  
7:30pm-9:30pm Dodgeball, Cribbage Tournament

### Sunday August 8<sup>th</sup>

7:30am-11:30am Morning Training and Seminars  
12:00pm-12:30pm Closing Ceremonies  
12:30pm-1:30pm Site Clean Up and Pack Up

We look forward to seeing everyone there! Please do not hesitate to contact the committee or your instructor with any questions.



### Summer Camp Committee 2010

Heather Tallman  
Ramsey Psapp  
Sue Cronin

[summercamp@bluewavetkd.com](mailto:summercamp@bluewavetkd.com)

802-658-3359



## **Information Sheet**

**When:** August 6<sup>th</sup> – 8<sup>th</sup>, 2010

**Where:** Tunbridge Fairgrounds in Tunbridge, Vermont

You will be CAMPING at Summer Camp, so you will need to be prepared.  
Here is a recommended list of stuff to bring.

### **Camping Gear**

Tent, Sleeping Bag, Food, Water, Sunscreen, Insect Repellent. There are no restaurants near by. There are a couple of small local stores, but I would suggest doing your shopping prior to arriving at camp. RV's are Welcome! There are 110 power outlets and many water spigots throughout the camping area so bring hoses and extension cords if needed.

### **Clothes**

Grubby T-Shirts, Sweat Shirt / Pants, Shorts, Swim Suit, Running Shoes / Sneakers, Towels. Don't forget to bring those old Summer Camp T-shirts to show that you are a veteran!

### **Taekwondo Stuff**

Dobak (Uniform – 2 if you have them), Sparring Gear, Paddles, Kick Shields

### **Miscellaneous**

Plastic Bags for Wet Clothes, Water Guns / Balloons, Flashlights, Lanterns, Hat, Aspirin/Advil, Ben Gay, Athletic Tape, Golf Club

### **Cost**

This includes use of Camp Site and Facilities, Taekwondo Seminars, Special Events, and a 2010 Camp T-Shirt. There are decent bathroom facilities, but no showers...there is a lovely river close by.

First Family Member: \$50

Second Family Member: \$40

Each Additional Family Member: \$20

Camp Site Fee: \$20 / Weekend

The camp site fee is required by fairgrounds.

It is the same price regardless of camp site type: Tent, Camper, 5<sup>th</sup> Wheeler, Tour Bus, Dubba Wide, Pop Up, etc.

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The Blue Wave Taekwondo Association Inc.  
summercamp@bluewavetkd.com



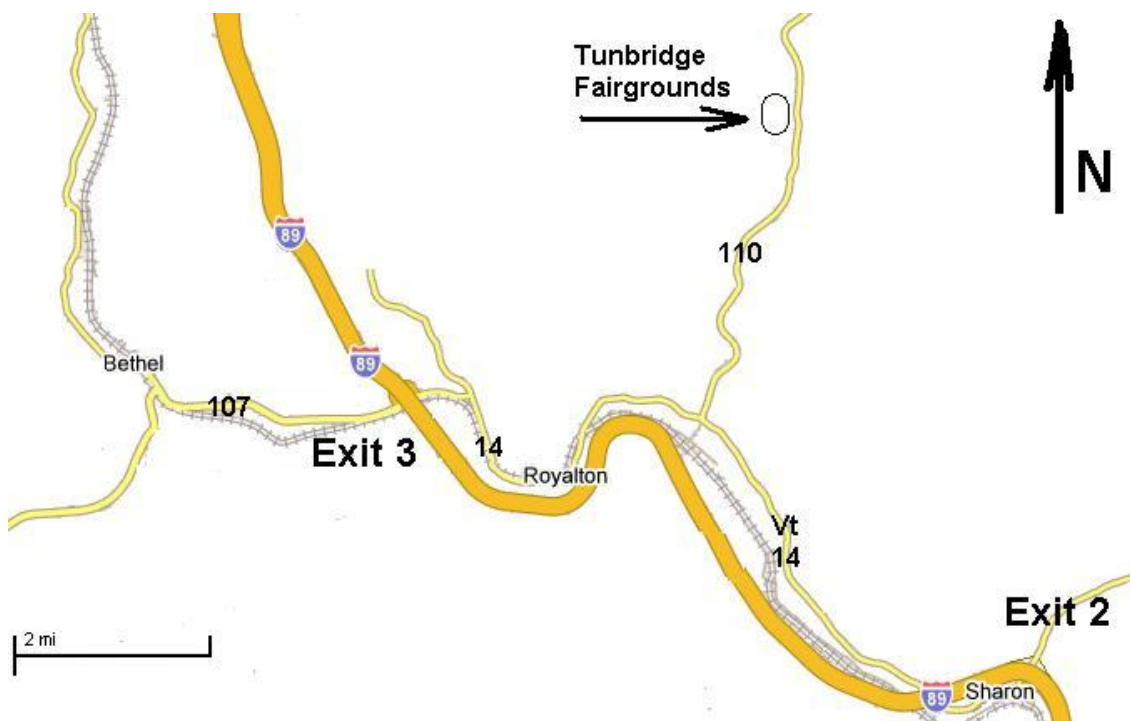
## **Directions to Tunbridge Fairgrounds**

### **From the North**

- From Vermont I-89, take EXIT 3 for VT-100 / BETHEL / VT-107
- Turn LEFT at bottom of the exit ramp onto VT-107 East and follow for approximately 0.7 miles
- Turn RIGHT onto VT-14 South and go approximately 3.5 miles
- Turn LEFT onto VT-110 North and follow for approximately 5.3 miles
- The Tunbridge Fairgrounds are ahead on the LEFT

### **From the South**

- From Vermont I-89, take Exit 2 for VT-14 / SHARON / VT-132
- Turn LEFT at bottom of the exit ramp onto VT-132 South and follow for approximately 0.2 miles
- Turn RIGHT onto VT-14 North and go approximately 4.9 miles
- Turn RIGHT onto VT-110 North and follow for approximately 5.3 miles
- The Tunbridge Fairgrounds are ahead on the LEFT





**Summer Camp 2010 Participant Application**

*Make Checks Payable To:* Blue Wave Taekwondo Association  
Heather Tallman  
*Mail To:* P.O.Box 92  
Randolph, Vt 05060

**MAIL SUMMER CAMP FEE WITH APPLICATION**

**POSTMARKED NO LATER THEN Monday July 19<sup>th</sup> , 2010**

First Family Member \$50, Second \$40, Each Additional \$20  
Free T-Shirt For Each Registered Participant, Adult Sizes Only: XS S M L XL XXL

Name: _____	Age: _____	Rank: _____	T-Shirt Size: _____	\$50
Name: _____	Age: _____	Rank: _____	T-Shirt Size: _____	\$40
Name: _____	Age: _____	Rank: _____	T-Shirt Size: _____	\$20
Name: _____	Age: _____	Rank: _____	T-Shirt Size: _____	\$20
Name: _____	Age: _____	Rank: _____	T-Shirt Size: _____	\$20
Additional T-Shirts @ \$12 Each			T-Shirt(s) Size(s): _____	\$__
			Camp Site Fee	\$20
			Total:	\$ ____

Address: \_\_\_\_\_ TKD School Name: \_\_\_\_\_  
 \_\_\_\_\_ Town/Association \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Zip: \_\_\_\_\_ Telephone #: \_\_\_\_\_

**Liability Waiver**

In consideration of your acceptance of my entry, I do hereby for myself, my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for damage which may accrue to me against Blue Wave Taekwondo Association and all members of their respective officers, agents, representatives, successors. I understand that Taekwondo is a body contact sport, and I am participating in the Blue Wave Taekwondo Association Summer Camp of my own free will.

**Participants Signature:**

\_\_\_\_\_ Date: \_\_\_\_\_

**Guardian Signature if Participant is under the age of 18.**

In case First Aid is needed, there will be a certified first aid or EMT attendant at the camp. By signing, you are authorizing the minor to attend the camp, and should it be necessary, receive first aid treatment, if it is deemed appropriate.

\_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_  
(Contact Number Only Needed If Above Signed Guardian Is Not Attending The Camp)

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